

Moderna COVID-19 vaccine: a new player in vaccine-induced thrombosis without thrombocytopenia

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Background

- The mRNA-1273 vaccine against COVID-19 was disseminated to the US public under emergency use authorization beginning December 2020, and the extent of its side effects are still being closely monitored.
- Numerous cases reported detailing thrombotic complications after the AstroZeneca¹ and Johnson & Johnson/Janssen vaccinations.
- To date, very few cases of extensive thrombosis without thrombocytopenia post Moderna vaccine have been reported, and as such, this remains an extremely rare adverse effect of this vaccine

Purpose

To document a possible rare side effect of the Moderna vaccine.

Patient Presentation

- 31-year-old male who developed extensive pulmonary embolism (PE) and deep venous thrombosis (DVT) three days after administration of the 2nd dose of the Moderna vaccine
- No prior medical or family history of thromboembolic events or sequelae of such
- Denied recent travel, trauma, illness, or recent heparin administration
- Had tolerated the 1st dose of the Moderna vaccine without symptoms one month prior
- Presented to the emergency department with left calf swelling, left knee pain, and mild shortness of breath
- Afebrile and hemodynamically stable

Clinical Course

- Imaging:
- Doppler ultrasound of the left lower extremity: thrombus in the common femoral, superior, mid and distal femoral, popliteal, and likely posterior tibial vein.
- CT chest Angiogram: extensive pulmonary emboli in the bilateral main pulmonary, lobar, and segmental arteries.
- Cardiac echocardiogram: mild right heart enlargement.
- Initial treatment: enoxaparin initiated in emergency room as patient was deemed hemodynamically stable
- Further workup: Extensive testing for hypercoagulable disorders, including hereditary and acquired hypercoagulable etiologies, were obtained. Hypercoagulable workup had been negative to date, including heparin-induced thrombocytopenia (HIT) Elisa and serotonin-release assay.
- Leading diagnosis: Vaccine induced thrombosis
- Further treatment/interventions: Due to the diagnosis of bilateral sub-massive PE, patient will be continued on direct acting oral anticoagulation for at least 1 year and reevaluated for further anticoagulation in the future.

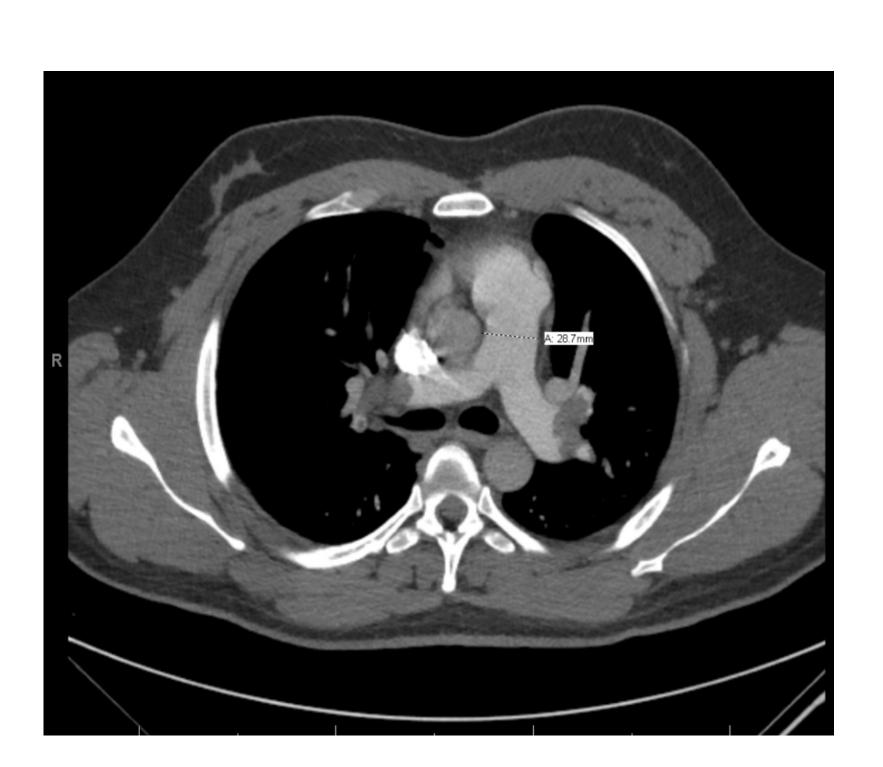


Figure 1: Pulmonary emboli seen in bilateral main pulmonary arteries



Figure 2: Lower extremity Doppler imaging demonstrating extensive thrombosis

Conclusion

- The leading mechanistic theory resembles that of autoimmune HIT due to high prevalence of antiplatelet-factor-4 (PF4) antibodies in patients that developed thrombosis post vaccine².
- No definitive correlation has been made yet with the mRNA based vaccines (Moderna and Pfizer-BioNTech), however post-vaccine cases of immune thrombocytopenia and bleeding without thrombosis have been documented³.
- Although the mechanisms behind the mRNA and dsDNA vaccines are different, the possibility of vaccine induced thrombosis after Moderna vaccine is highly probable.
- Our report showcases a plausible link between the Moderna vaccine and thrombosis due to the extensive and unprovoked nature of DVT/PE in this patient in the setting of a negative hypercoagulable state and workup.
- While this correlation warrants further analysis, this is not evidence to dissuade use of the Moderna vaccine given its potential benefits in preventing COVID-19.

References

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